



Caroline County Public Schools
North Caroline High

This institution is an equal opportunity provider. Menus are subject to change.

SCHOOL LUNCH SUPERHERO DAY

May 5th

and School
Nutrition Employee Appreciation
Week May 1-5

Still the best deal in town!

Breakfast Lunch
FREE **\$0.40** **\$2.50**

Reduced Paid

Get in touch with us today to learn more about free and reduced-price meals in our district:

410-479-3261

Monday, May 1

Breakfast
Uber Breakfast Round

Lunch
Taco Salad
Sweedish Meatballs over Noodles
or
Chicken Cordon Blu Sandwich
Oven Baked Fries
Roasted Butternut Squash
w/Rosemary
Choice of Fruit

Tuesday, May 2

Breakfast
Apple Fudgel

Lunch
Santa Fe Salad w/Tortilla Chips
Chicken Filet Sandwich
or
Cheese Ravioli w/Tomato Sauce & Garlic Bread
California Blend Veggies
Conifeti Fries
Choice of Fruit

Wednesday, May 3

Breakfast
Egg & Cheese Wrap

Lunch
Chicken Caesar Salad & Croustons
Pepperoni Calzones
w/Dipping Sauce
or
Chicken Fajita
Sour Cream & Salsa
Cheesy Rice
Corn
Choice of Fruit

Thursday, May 4

Breakfast
Wild Berry Bread

Lunch
Chef Salad w/Breadstick
Chicken Tenders w/Roll
or
Hot Ham & Cheese Wrap
Curry Fries
Roasted Broccoli
Choice of Fruit

Friday, May 5

Breakfast
Mini French Toast

Lunch
Tuna Salad on Greens
w/Crackers
Fish Hoagie w/Lemon Aioli Sauce
or
Chicken Pot Pie in a Bread Bowl
Black Bean Salad
Oven Baked Steak Fries
Choice of Fries

Monday, May 8

Breakfast
Pop Tart

Lunch
Taco Salad
Bacon Cheeseburger on a Bun
or
Shrimp Poppers w/Roll
Oven Baked Fries
String Beans
Choice of Fruit

Tuesday, May 9

Breakfast
Banana Bread

Lunch
Santa Fe Salad w/Tortilla Chips
Chicken Filet Sandwich
or
Pulled BRQ Pork Sliders
Broccoli Slaw w/Apples
Oven Baked Fries
Baked Beans
Choice of Fruit

Wednesday, May 10

Breakfast
Breakfast Tac-Go

Lunch
Chicken Caesar Salad & Croustons
Pizza Sticks w/Dipping Sauce
or
Taco
Sour Cream & Salsa
Lettuce & Tomato
Cilantro & Garlic Corn
Seasoned Rice
Choice of Fruit

Thursday, May 11

Breakfast
Cini Minis

Lunch
Chef Salad w/Breadstick
Chicken Poppers w/Roll
or
Macaroni & Cheese
Chili
Steamed Broccoli
Onion Rings
Choice of Fruit

Friday, May 12

Breakfast
Bagel w/Cream Cheese or Sun Butter

Lunch
Tuna Salad on Greens
w/Crackers
Chicken Teriyaki over Rice
or
Meatball Sub
Oriental Vegetables
Egg Roll
Rice
Choice of Fruit

Monday, May 15

Breakfast
Cereal Bar

Lunch
Taco Salad
Pancakes
or
Scrambled Eggs w/Toast
Sausage
Hash Browns
Stewed Tomatoes
Hot Apples
Choice of Fruit

Tuesday, May 16

Breakfast
Ham & Cheese Croissant

Lunch
Santa Fe Salad w/Tortilla Chips
Chicken Filet Sandwich
or
Baked Ziti w/Garlic Bread
Roasted Parmesan Cauliflower
Conifeti Fries
Choice of Fruit

Wednesday, May 17

Breakfast
Cherry Fudgel

Lunch
Chicken Caesar Salad & Croustons
Mozzarella Sticks
w/Marinara & Breadstick
or
Beef Fajitas
Sour Cream & Salsa
Pinto Beans
Corn
Choice of Fruit

Thursday, May 18

Breakfast
Sausage Sandwiches

Lunch
Chef Salad w/Breadstick
Chicken Nuggets w/Roll
or
Turkey & Cheese Melt on a Pretzel Roll
Oven Baked Fries
Steamed Broccoli
w/Cheese Sauce
Choice of Fruit

Friday, May 19

Breakfast
Mini Pancakes

Lunch
Tuna Salad on Greens
w/Crackers
Chicken Parmesan over Spaghetti
or
Baja Fish Taco
w/Spicy Sauce
Lettuce & Tomato
Sweet Potato Wedges
Roasted Veggies
Choice of Fruit

Monday, May 22

Breakfast
Blue Berry Muffin

Lunch
Taco Salad
Bacon Cheeseburger on a Bun
or
Chicken & Cheese Quesadilla

Onion Rings
Choice of Fruit

Tuesday, May 23

Breakfast
Breakfast Slider Sandwich

Lunch
Santa Fe Salad w/Tortilla Chips
Chicken Filet Sandwich
or
Cheeseburger Macaroni

Sesame Roasted String Beans
Oven Baked Curly Fries
Choice of Fruit

Wednesday, May 24

Breakfast
Zucchini Bread

Lunch
Chicken Caesar Salad & Croustons
Pepperoni Calzone
w/Dipping Sauce
or
Buffalo Chicken & Queso Nachos

Sour Cream & Salsa
Oven Baked Fries
Corn & Black Bean Salad
Choice of Fruit

Thursday, May 25

Breakfast
Chicken Biscuit

Lunch
Chef Salad w/Breadstick
Chicken Tenders w/Pretzel Rod
or
Toasted Cheese Sandwich

Tomato Soup
W/G Goldfish Crackers
Lemon Pepper Broccoli
Choice of Fruit

Friday, May 26

Breakfast
Cini Minis

Lunch
Tuna Salad on Greens
w/Crackers
General Toas Chicken over
Fried Rice
or
Fish Nuggets w/Roll

Sauteed Veggies
Fried Rice
Choice of Fruit

Monday, May 29



Breakfast
Apple Frudel

Lunch
Santa Fe Salad w/Tortilla Chips
Chicken Filet Sandwich
or
Spaghetti & Meatballs
w/Cheesy Bread

Caesar Salad
Confetti Fries
Choice of Fruit

Tuesday, May 30

Breakfast
Egg & Cheese Wrap

Lunch
Chicken Caesar Salad & Croustons
Pizza Sticks w/Dipping Sauce
or
Hot Dog on a Bun

Baked Beans
Oven Baked Fries
Choice of Fruit

Wednesday, May 31

Breakfast
Wild Berry Bread

Lunch
Chef Salad w/Breadstick
Chicken Poppers w/Roll
or
Steak & Cheese Wrap

String Beans and Tomato Sauré
Curly Fries
Choice of Fruit

Thursday, June 1

Breakfast
Mini French Toast

Lunch
Tuna Salad on Greens
w/Crackers
Buffalo Chicken Sub
or
Manager's Choice

Veggie of the Day
Choice of Fruit

Friday, June 2

Breakfast Items - Served Daily
Entrée,
Fruit (must choose 1/2 cup)
and/or Juice
Milk (choices will vary)

Lunch - Options May Vary
Deli Sandwiches & Wraps
PBI w/Cheese Stick
Celery Sticks w/Sun Butter
Specialty Salads
Pizza
Chicken Patty Sandwich
Cheeseburger
Oven Baked Fries
Cheese, Fruit & Yogurt Plate
Carrots w/Dip
Romaine Tossed Salad
Hummus

All Breads, Breading & Pasta are Whole Grain

Milk Choices
Low Fat White
Non Fat Chocolate, Strawberry & White

Monday, June 5

Breakfast
Pop Tart

Lunch
Taco Salad
Bacon Cheeseburger on a Bun
or
Manager's Choice

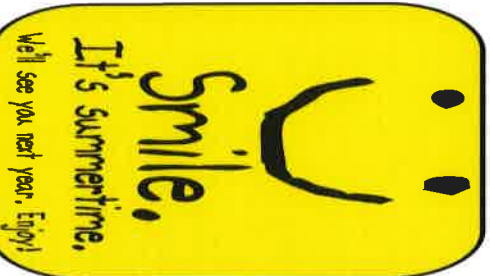
Oven Baked Fries
Veggie of the Day
Choice of Fruit

Tuesday, June 6

Last Day - 1/2 Day Breakfast
Banana Bread

Lunch
Santa Fe Salad w/Tortilla Chips
Chicken Filet Sandwich
or
Manager's Choice

Veggie of the Day
Oven Baked Fries
Choice of Fruit



Summer Food Service Program!

Available at Denton Elementary,
Federalburg Elementary, Greensboro Elementary and
Caroline County Public Library (Denton Branch)



Monday - Thursday
June 26th - July 27th
No Program Tuesday, July 4th
Must be 18 or under!

For additional info go to mdsummermeals.org

Available Daily

Breakfast Items - Served Daily

Entrée,
Fruit (must choose 1/2 cup)
and/or Juice
Milk (choices will vary)

Lunch - Options May Vary

Deli Sandwiches & Wraps
PBI w/Cheese Stick
Celery Sticks w/Sun Butter
Specialty Salads
Pizza
Chicken Patty Sandwich
Cheeseburger
Oven Baked Fries
Cheese, Fruit & Yogurt Plate
Carrots w/Dip
Romaine Tossed Salad
Hummus

All Breads, Breading & Pasta are Whole Grain

Milk Choices
Low Fat White
Non Fat Chocolate, Strawberry & White

Middle Line

Monday Bar
Monday Cheesesteak
Tuesday Beef & Cheese Nachos
Wednesday Burrito Bar
Thursday Baked Potato Bar
Friday Taco Bar